

# ULTIMATE TRANSFORMATION PACK

## 29 DAY FAT BURNING SYSTEM



The Xyngular Body Transformation is a **step-by-step, 29-Day program†** designed to help you achieve your weight loss and health goals. It starts with the proven 8-day IGNITE System, and is followed by a 21-day optimal eating and exercise plan.

There are many programs that require 60, 90, or even 120 days or longer to complete. We chose to create a program that is shorter in length, achievable, and that can be repeated (if desired) for continued weight loss or weight maintenance.

We've developed some resources to help you get started, built a new pack designed specifically for this program. Here are the details:

### [BODY TRANSFORMATION SUPPORT MATERIALS\\*](#):

- **Getting Started Guide:** Full program overview and tips for success.
- **IGNITE Brochure:** Meal plan and guide for days 1-8 (included in all IGNITE packs).
- **Full IGNITE PDF:** In-depth resource for the IGNITE System.
- **Additional Protein Options and Shopping Guide:** You don't have to rely on chicken and turkey alone. Be creative, this guide will help you.
- **21-Day Meal Plan:** What do you eat after the first 8 days? This day 9-29 meal plan gives you some great ideas.
- **21-Day Exercise Plan:** Includes exercises to give you maximum results from day 9-29.

\*All support materials are available for download in the [resource section](#) of xyngular.com and will also be available in your Xyngular Back Office under "Downloads."

### [ULTIMATE TRANSFORMATION PACK:](#)

All the Xyngular products you need to complete a full 29-day Body Transformation cycle. The Ultimate Transformation Pack includes: (4) Lean, (2) Cheat+, (2) XypStix, (1) Axion, (1) XYNG, (1) Flush, (1) Accelerate, (1) Global Blend and (1) Shaker Cup.